



The Rise of the Middle Kingdom

In the 150 years before the Middle Kingdom, Ancient Egypt was at war with itself. The stability that had been achieved during the Old Kingdom had disappeared, and the many cities of the Nile were fighting each other for control. Eventually, Thebes, a small but growing city in Southern Egypt, emerged as the most powerful of them all. This allowed for the formation of a new, more stable government, one that made centuries of prosperity possible in Ancient Egypt.